



Ophthalmology

General information concerning your eye surgery

Preparation

You receive an appointment letter containing the date of your surgery, together with an invitation for a telephone appointment that will occur 1 to 2 business days before your surgery. During this telephone appointment you will hear at what time we expect you to be present on the day of the surgery. Therefore, it is important for us to have a correct telephone number. If you are not able to speak either Dutch or English, please ask someone to translate for you during the appointment.

If you experience flu or fever symptoms 2 days before the surgery date, please contact our 'planbureau' (planning office). We will discuss with you whether the surgery can continue.

The planbureau can be reached on business days between 9:00 AM and 10:00 AM on telephone number: (050)-361 39 86.

If an emergency occurs, it can happen that your surgery will not go ahead. In this case we will plan a new date as soon as possible.

Important points of attention

Bring your ID and appointment letter.

When you are taking medicine, you bring these with you.

On the day of surgery, don't wear any make-up, face cream, nail polish or jewelry.

If you use hearing aid, we advise you to take these off.

Leave valuables at home.

You are **not able to drive** after the surgery. Ask someone to pick you up after the surgery. Bring someone that can guide you.

Surgery location

Your surgery will take place at the 'Operatief Dagbehandelingscentrum (ODBC)' or in the 'Triadegebouw'. The exact location can be found on your appointment letter.

Addresses:

Triadegebouw: Hanzeplein 1, entrance 25. If you get there by car, you can park at P-Noord car park.

Operatief Dagbehandelingscentrum: Hanzeplein 1, Poortweg 4, 3rd floor. If you get there by car, you can park at P-Zuid car park.

Anaesthesia during the surgery

We use two different techniques of anaesthetic. What anaesthetic will be applied depends on the kind of surgery. Children's eye-surgery is always done under anaesthetic.

Local anaesthesia: You are able to eat and drink before the surgery

If local anaesthesia is performed during the surgery, you are allowed to eat and drink normally on the date of the surgery.

General anaesthetic: Don't eat or drink before the surgery

If general anaesthetic is performed during the surgery, you will have an appointment at the 'Polikliniek van de Anesthesie' a few days before the surgery. They will fill in a questionnaire with you about your health. Also it is **very important** to not eat or drink several hours before the surgery. This is to prevent severe complications. Your anaesthetist will give you more detailed information on which rules apply in your individual situation.

Only if you follow these rules the surgery can continue.

After the surgery

After the surgery you will receive precepts to take into account for the following week/weeks and information about the eye drops you should use. You will receive these eye drops right after your surgery.

On average you will be in the hospital for three hours.

In most cases you are able to immediately return home after the surgery.

You will receive the date for a check appointment at the 'Polikliniek' right after the surgery.

Sometimes this appointment can already take place on the next day.

When to call after the surgery

Nursing telephone consultation hour:

When experiencing ailments after the surgery, for example: increased pain, reddening or worsening of sight, we can be reached on business days between 9:00 AM and 10:00 AM and between 1:30 PM and 2:30 PM on telephone number **(050) 361 25 03**.

Outside office hours you are able to call the central telephone number of the UMCG **(050) 361 61 61** and ask for an eye-doctor.

More information

For more information go to www.oogheelkundeumcg.nl.

Telephone number outpatient department of Ophthalmology (polikliniek Oogheelkunde) **(050) 361 25 18** (can be reached on business days between 8:00 AM and 4:30 PM) or call the nursing telephone consultation hour.